



Saint Josemaria Escriva

Founder of Opus Dei

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Forgiving

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"We must bring people together, we must understand others, we must make allowances. Never put up a cross just to keep alive the memory that some people have killed others. Such a cross would betoken the devil. Christ 's Cross is to keep silent, to forgive and to pray for those on both sides, so that all may attain peace".
The Way of the Cross, 8.3

"We can keep calm because there is always forgiveness and because there is a solution for everything, except death; and for the children of God, death is life".
Friends of God, 79

"What depths of mercy there are in God's justice! For, in the judgments of men, he who confesses his fault is punished: and in the Judgment of God, he is pardoned. Blessed be the holy Sacrament of Penance!"
The Way, 309

"Force yourself, if necessary, always to forgive those who offend you, from the very first moment. For the greatest injury or offence that you can suffer from them is as nothing compared with what God has pardoned you".
The Way, 452

"I myself want once again to make a very sincere act of contrition, and I would like each one of you to do the same. As we call to mind our infidelities, and so many mistakes, weaknesses, so much cowardice each one of us has his own experience — let us repeat to Our Lord, from the bottom of our hearts, Peter's cry of contrition, Domine, tu omnia nosti, tu scis quia amo te! 'Lord, you know all things, you know that I love you, despite my wretchedness!' And I would even add, 'You know that I love you, precisely because of my wretchedness, for it leads me to rely on you who are my strength: quia tu es, Deus, fortitudo mea.' And at that point let us start again".
Friends of God, 17

“The Master passes very close to us, again and again. He looks at us... And if you look at him, if you listen to him, if you don 't reject him, He will teach you how to give a supernatural meaning to everything you do... Then you too, wherever you may be, will sow consolation and peace and joy”.

The Way of the Cross, 8.4

“No matter how much you may love, you will never love enough. The human heart is endowed with an enormous coefficient of expansion. When it loves, it opens out in a crescendo of affection that overcomes all barriers. If you love Our Lord, there will not be a single creature that does not find a place in your heart”.

The Way of the Cross, 8.5