

# First Prayers



St Josemaría's Mommy taught him to get up straight away in the morning and offer the new day to our Lady:

O my Lady, O my Mother,  
I offer myself entirely to you,  
and in proof of my filial affection  
I offer to you this day my eyes,  
my ears, my tongue, my heart,  
in a word, my whole self.  
Now that I am entirely yours  
Mother of goodness,  
keep me and defend me  
as your own property and possession. Amen.