When his mother Mary had been betrothed to Joseph, before they came together she was found to be with child of the Holy Spirit. (Mt 1:18)

First sorrow

He came to his own home, and his own people received him not. (Jn 1:11)

Second sorrow

At the end of eight days, when he was circumcised, he was called Jesus, the name given by the angel before he was conceived in the womb. (Lk 2:21)

Third sorrow

Simeon blessed them and said to Mary his mother, “Behold, this child is set for (…) a sign that is spoken against (…) that thoughts out of many hearts may be revealed.” (Lk 2:34-35)

Fourth sorrow

An angel of the Lord appeared to Joseph in a dream and said, “Rise, take the child and his mother, and flee to Egypt, and remain there till I tell you; for Herod is about to search for the child, to destroy him.” (Mt 2:13)

Fifth sorrow

They sought him among their kinsfolk and acquaintances; and when they did not find him, they returned to Jerusalem, seeking him. (Lk 2:44-45)

Sixth sorrow

And he rose and took the child and his mother, and went to the land of Israel. But when he heard that Archelaus reigned over Judea in place of his father Herod, he was afraid to go there. (Mt 2:22)

Sixth sorrow

An angel of the Lord appeared to him in a dream, saying, “Joseph, son of David, do not fear to take Mary your wife, for that which is conceived in her is of the Holy Spirit; she will bear a son, and you shall call his name Jesus.” (Mt 1:20-21)

First joy

They went with haste, and found Mary and Joseph, and the babe lying in a manger. (Lk 2:16)

Second joy

She will bear a son, and you shall call his name Jesus, for he will save his people from their sins. (Mt 1:21)

Third joy

For my eyes have seen thy salvation which thou hast prepared in the presence of all peoples, a light for revelation to the Gentiles. (Lk 2:30-32)

Fourth joy

And he remained there until the death of Herod. This was to fulfill what the Lord had spoken by the prophet, “Out of Egypt have I called my son.” (Mt 2:15)

Fifth joy

And he went and dwelt in a city called Nazareth, that what was spoken by the prophets might be fulfilled, “He shall be called a Nazarene.” (Mt 2:23)

Sixth joy

After three days they found him in the temple, sitting among the teachers, listening to them and asking them questions. (Lk 2:46)

Seventh joy

They sought him among their kinsfolk and acquaintances; and when they did not find him, they returned to Jerusalem, seeking him. (Lk 2:44-45)

Seventh joy

Sanctuary of Torreciudad, “The sorrows and joys of St Joseph”, Palmira Laguëns

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